Seattle King County NAACP Health Committee Coronavirus Watch - 3/06/21

**CURRENT OVERVIEW**

↑ = increase compared to 2/27/2021 update

<table>
<thead>
<tr>
<th>Location</th>
<th>Confirmed Cases</th>
<th>Total Deaths</th>
</tr>
</thead>
<tbody>
<tr>
<td>Global</td>
<td>117 M ↑ 3.0 M</td>
<td>2.60 M ↑ 70,000 K</td>
</tr>
<tr>
<td>US</td>
<td>29.2 M ↑ 100,000 K</td>
<td>525 K ↑ 1,000 K</td>
</tr>
<tr>
<td>Washington</td>
<td>347 K ↑ 5,000 K</td>
<td>5,108 K ↑ 84</td>
</tr>
<tr>
<td>King County</td>
<td>85,017 ↑ 1,214 K</td>
<td>1,417 ↑ 21</td>
</tr>
</tbody>
</table>

Data source: Johns Hopkins University Coronavirus Resource Center & WA State DOH
Data reflects the most accurate figures available as of 7pm PST on Fridays

**SUPPORT RESOURCES**

Testing Location Information
COVID-19 Call Center: 206-477-3977
or visit
www.kingcounty.gov/depts/health/covid-19/care/testing/locations

WA State COVID-19 Assistance Hotline
Call 1-800-525-0127
or text “Coronavirus” to 211-211

**Important Information from the Office of the Governor (Washington State):**

Face masks/coverings are required for common public settings and maintaining 6 feet of physical distance from others, to help prevent the spread of the coronavirus.

**Covid Vaccines Are HERE!** [https://www.doh.wa.gov/YouandYourFamily/Immunization/VaccineLocations](https://www.doh.wa.gov/YouandYourFamily/Immunization/VaccineLocations)
Covid Vaccines are currently being administered (Phase 1B) to anyone 65 and older, and all people 50 and older who also live in a multigenerational dwelling. Teachers included with individual vaccine programs implemented.

**NEW COVID STRAIN!** A new variant of Covid 19 has been identified. It is currently thought that the existing vaccines should provide protection against these new strains; Ongoing research with this. Covid precautions should continue.

**New Roadmap to Recovery Plan** - Effective beginning 1/11/2021
The State of Washington will begin the Healthy Washington – Roadmap to Recovery plan with two phases
King County is in Phase 2 which means many businesses can now open with limited indoor consumers.

**Inslee Issues Restrictions.** Beginning – 1/11/21: We are now in **PHASE II**
- **Indoor Social Gatherings** – Max of 5 people from outside your household, limit 2 households
- **Outdoor Gatherings** – Limited to 15 people outside your household.
- **Restaurants and Bars** – Indoor dining 25% capacity; max 6 per table, limit 2 households.
• Fitness Facilities and Gyms – No more than 25% capacity.
• Indoor Entertainment Establishments (movies, concerts, museums) – Max 25%. No > 200 people.
• Weddings and Funerals – Limited to 25% capacity.
• Religious Services – Limited to 25% of indoor capacity.
• Personal Services – Limited to 25% indoor capacity.

Inslee issues travel advisory for Washington. On 11/13/20 Gov. Inslee issues a travel advisory where he recommended a 14-day quarantine for interstate and international travel and those arriving in WA from. [source](https://www.governor.wa.gov/news-media/inslee-issues-travel-advisory-washington)


State health experts: Flu vaccine should be considered “essential” this year. The presence of both viruses could put more people in the hospital and strain Washington’s health care system. Still available.

The [DSHS Family Emergency Assistance Program (FEAP)](https://www.governor.wa.gov/news-media/inslee-issues-proclamation-related-family-emergency-assistance-program). DSHS is authorized to expand eligibility for the FEAP to include individuals and families without children. This proclamation is effective immediately and will expire at the end of the state of emergency. [effective 7/9/20](https://www.governor.wa.gov/news-media/inslee-issues-proclamation-related-family-emergency-assistance-program).

USDA extends waivers: WIC continues to provide remote services. The federal government has made it easier for people to participate in the WIC program during the pandemic.

The U.S. Department of Agriculture has extended the waivers that allow the [Special Supplemental Nutrition Program for Women, Infants and Children (WIC)](https://www.governor.wa.gov/news-media/inslee-issues-proclamation-related-family-emergency-assistance-program) to offer remote services to participants.

**Resources:**

Need internet access to keep up with important updates? Use the Washington State Department of Commerce’s Drive-In WIFI hotspots Location Finder for FREE emergency internet access, provided as a response to the impacts of COVID-19. [source](https://www.commerce.wa.gov/building-infrastructure/washington-state-drive-in-wifi-hotspots-location-finder/)

Mental and emotional support – Washington Listens is offering FREE support specialists to help with managing stress due to COVID-19. Call [1-833-681-0211](https://coronavirus.wa.gov/information-for/you-and-your-family/mental-and-emotional-well-being) (TTY and language access services are available).

For a full list of city, community, county, state, and federal resources call the City of Seattle Customer Service Bureau (Monday-Friday, 8:30am-5pm PST) at [206-684-CITY](https://www.seattle.gov/mayor/covid-19) (206-684-2489), or visit Mayor Durkan’s ywebpage. [source](https://www.seattle.gov/mayor/covid-19)