

Seattle King County NAACP Health Committee Coronavirus Watch - 11/29/20

CURRENT OVERVIEW		
↑ = increase compared to 11/21/2020 update		
Location	Confirmed Cases	Total Deaths
Global	62.7 M ↑	1/46 M ↑ 12,219
US	13.4 K ↑ 151 K	267 K ↑ 1,192
Washington	168 K ↑ 1506	2,828 ↑ 21
King County	43,856 ↑ 481	885 ↑ 2

Data source: [Johns Hopkins University Coronavirus Resource Center](#) & [WA State DOH](#)
Data reflects the most accurate figures available as of 7pm PST on Fridays

SUPPORT RESOURCES
<p>Testing Location Information</p> <p>COVID-19 Call Center: 206-477-3977</p> <p>or visit www.kingcounty.gov/depts/health/covid-19/care/testing/locations</p>
<p>WA State COVID-19 Assistance Hotline</p> <p>Call 1-800-525-0127</p> <p>or text "Coronavirus" to 211-211</p>

Important Information from the Office of the Governor (Washington State):

Face masks/coverings are required for common public settings and maintaining 6 feet of physical distance from others, in order to help prevent the spread of the coronavirus.

Inslee Issues New Restrictions. Effective 11/16/2020 – 12/14/20:

- **Indoor Social Gatherings** – Prohibited for people outside of your household unless 14 day quarantine or 7 day quarantine and Negative Corvid 19 test within 48 hours prior to gathering.
- **Outdoor Gatherings** – Limited to 5 people outside your household.
- **Restaurants and Bars** – Closed for indoor dining. Outdoor dining limited to 5 people. To go services permitted.
- **Fitness Facilities and Gyms** – Closed for indoor operations.
- **Bowling Centers** – Closed for indoor service.
- **Movie theaters** – Closed for indoor service.
- **Museums/Zoos/Aquariums** – Closed for indoor service.
- **Weddings and Funerals** – No more than 30 people with Indoor services and ceremonies prohibited.
- **Religious Services** – Limited to 25% of indoor capacity limits or no more than 200 people. No choir, band, or ensemble. Vocal or instrumental soloist with a single accompanist is permitted.
- **Personal Services** – Salons, Barbers, manicurist, makeup artist are limited to 25 % indoor occupancy capacity.
- **Long Term Care Facilities** – Indoor visits prohibited.

- **Youth/Adults Sports** – Indoor sports prohibited. Outdoor sports – intra team practices only with face mask.
<https://www.governor.wa.gov/news-media/inslee-announces-statewide-restrictions-four-weeks>

Inslee issues travel advisory for Washington. On 11/13/20 Gov. Inslee issues a travel advisory where he recommended a 14-day quarantine for interstate and international travel. Residents are being asked to stay close to home during that period.

<https://www.governor.wa.gov/news-media/inslee-issues-travel-advisory-washington>

Inslee extends 27 proclamations relating to COVID-19. On 11/10/20 Gov. Inslee announced 27 proclamations lasting until December 7th regarding various licensures, unemployment and more.

<https://www.governor.wa.gov/news-media/inslee-extends-27-proclamations-relating-covid-19>

Inslee extends eviction moratorium, public utilities proclamation. On 10/14/20 Gov. Inslee announced the eviction moratorium and public utility proclamations will continue through **Dec. 31st**.

<https://www.governor.wa.gov/news-media/inslee-extends-eviction-moratorium-public-utilities-proclamation>

State health experts: Flu vaccine should be considered “essential” this year. While the COVID-19 pandemic continues to affect our daily lives, autumn brings with it another unwanted visitor – the flu. The presence of both viruses could put more people in the hospital and strain Washington’s health care system.

The DSHS Family Emergency Assistance Program (FEAP). DSHS is authorized to expand eligibility for the FEAP to include individuals and families without children. This proclamation is effective immediately and will expire at the end of the state of emergency. [effective 7/9/20] <https://www.governor.wa.gov/news-media/inslee-issues-proclamation-related-family-emergency-assistance-program>

USDA extends waivers: WIC continues to provide remote services. The federal government has made it easier for people to participate in the WIC program during the pandemic.

The U.S. Department of Agriculture has extended the waivers that allow the [Special Supplemental Nutrition Program for Women, Infants and Children](#) (WIC) to offer remote services to participants. This, the third extension, will continue as long as there is a declared national public health emergency.

Resources:

Need **internet access** to keep up with important updates? Use the **Washington State Department of Commerce’s Drive-In WIFI hotspots Location Finder** for **FREE** emergency internet access, provided as a response to the impacts of COVID-19.

<https://www.commerce.wa.gov/building-infrastructure/washington-state-drive-in-wifi-hotspots-location-finder/>

Mental and emotional support – Washington Listens is offering **FREE** support specialists to help with managing stress due to COVID-19. **Call 1-833-681-0211** (TTY and language access services are available).

<https://coronavirus.wa.gov/information-for/you-and-your-family/mental-and-emotional-well-being>

For a full list of city, community, county, state, and federal resources call the **City of Seattle Customer Service Bureau** (Monday-Friday, 8:30am-5pm PST) at **206-684-CITY** (206-684-2489), or visit Mayor Durkan’s COVID-19 Resources for Community webpage.

<https://www.seattle.gov/mayor/covid-19>